

# Crushing pain

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*a poem... not much to say about it.*

*please read*

*i love my poems very much.*

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## 0 - Crushing depression

Falling to my own pain.  
Into to the unknown  
So scared and so alone  
In a world of hurt and pain  
No one belives me  
I cry for my aching heart  
I no longer live  
Just leave me in my sorrow  
Walk away, I dont want to see you look at me like this  
I fall to the deep depths of my sorrow  
Unknowning when the pain will end  
I feel like a wieght is crushing my chest  
I cant breath  
I want to cry  
With a soul so tortured no more to feel  
I will fall to the depths of my sorrow  
I feel so numb  
Depression hurts, but when it comes from the heart.