

# **Pains everyone will be/are feeling**

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*Any one who has ever felt like they've been locking some feeling of sadness. This poem will show that their not alone.*

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# 1 - Sadness

Sadness

By: Symphoniaprincess101

Sadness is nothing more than a felling,  
We can or cannot keep it locked up.  
Some have trouble dealing with it.  
Some do not.  
As life goes on,  
Sadness keeps on building.  
Some feel it s best to keep it locked away.  
While others burst it out to those they can trust.  
No one can save you from this heart burn.  
Some try and forget about it and try to move on but,  
Nothing can help them escape from its grasp.  
As many more people suffer,  
Their friends and families suffer with them somehow.  
Sadness is nothing but a type of pain,  
That takes time to cure.  
This pain can be caused by,  
A pet or family member dying.  
Also by someone you like tells you to your face that,  
They think of you as a friend only.  
These pains can go away.  
But not the ones about a family member or pets.  
Sadness can hurt forever.  
Even after death you part from this world.  
But if you express your feelings,  
With friends, family, and even teachers,  
Sadness will become nothing more than a memory.  
Believe me,  
I can relate.

## 2 - couldn't be there for friends

i just lost something precious to me  
a great friend that taught me something  
in life you cant always keep thouse that are dear to you.  
that you have to let them go even if it hurts.  
i couldn't be there for this person due to many resons  
and for that it makes me feel sick.  
i asked for forgivness and got it  
but her friendship and trust is like broken glass  
theres no way for me to return to her heart as a friend  
if you ever lose someone in this same way  
i know the pain.  
i wish i could rewind the hands of time  
and try to prevent this but it was bond to happen.  
this pain to me is new but i will find away  
and i will return to my normal self one day.  
but today is not that day.  
Thank you for teaching me this lesson marisa937  
and beleve me when i say this.  
i'm glad i met you.  
you taught me things i thought were impossible  
i pray for you health and well being  
while you may pray for my demise  
that i hope one day will come to me.  
good bye...old friend...